



Paddling Through the Storms

Christi K Kasha



Life is full of adversity, as Christi Kasha knows all too well. Through the personal stories of her own struggles, she shares insights into the tools, or paddles, that she used to get through the storms of her life, storms that include disabilities and disease. This book offers readers practical, real-life advice on how to overcome the hardships they might face while witnessing that it is possible to find joy even on the toughest of journeys.

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